JAWHARA ALOSAIMI

Consultant of Family medicine and Diabetologist

+966-56-4577440 | drjalosaimi@yahoo.com | Taif, Saudi Arabia

PROFESSIONAL SUMMARY

“Dedicated family medicine and diabetology consultant with 20 years of experience providing comprehensive healthcare solutions. Skilled in diagnosing, treating, and managing a wide range of acute and chronic conditions, with a particular focus on diabetes care. Committed to patient-centered care, preventive medicine, and health education”

Language : Arabic / English

WORK EXPERIENCE

**Prince Mansour Community Military Hospital, Taif, Saudi Arabia**

Consultant of Family Medicine and Diabetologist 2015 - Present

Deputy of Program Director for Diabetes Fellowship 2023 – Present

Trainer in Diabetes Fellowship Program 2019 – Present

CQIP facilitator for Diabetic and Endocrine Center 2021-2023

King Saud University, Riyadh

Attached Fellow for One year Clinical Attachment Training Program in the Diabetes Center 2014

Family Medicine Center, Makkah

Consultant Family Medicine 2013

Assistant Trainer, Joint Post-graduate Family Medicine Program, Taif Region 2011-2012

Prince Mansour Community Military Hospital, Taif, Saudi Arabia

Supervisor of Female Section, Family Medicine Department 2009-2010

Supervisor for Forth Year Resident in the Joint Post-graduate Family medicine program 2009-2010

Supervisor for First Year Residents in Joint Post-graduate Family medicine program 2008-2009

AL Hada Armed Forces Hospital, Taif

Resident in Family Medicine Fellowship Program Saudi Board & Arab Board 2004-2008

Resident in Ophthalmology Department Apr 2003 – Sep 2004

Resident in General Surgical Department Oct 2002 – Mar 2003

King Abulaziz University, College Of Medicine , Jeddah

House Officer Feb 2001 – Jan 2002

QUALIFICATIONS

* One year Clinical Attachment Training Program in the Diabetes Center, King Saud University, Riyadh, 2014
* MRCGP[INT] part1,Royal College of General Practitioner, UK, 2010
* Arab Board of Medical Specialization in Family Medicine, Arab Board of Medical Specialization, Damascus, 7th  Feb, 2009
* Saudi Board of Medical Specialization in Family Medicine (SB-FM) Saudi Board of Medical Specialization, Riyadh 25th Nov 2008
* M.B.Ch.B , King Abdulaziz University College of Medicine and Allied Science, Jeddah, 2002

SKILLS

Leadership and training

Research

Time Management

Communication

Problems solving

Computer skills

Adaptability

Health Education

Critical Thinking

**RESEARCH EXPERIENCE**

* Rate of diabetic retinopathy among type 2 diabetes mellitus patients using subcutaneous Semaglutide; a cross-sectional study. Accepted as a poster presentation in 11th international conference of endocrinology and diabetes ICED
* Saudi women attitude towards postpartum intervention to prevent type 2 diabetes after gestational diabetes Published in International Journal of Medicine in Developing Countries 2024;8(8):1881–1890.
* The changeable dynamics between glycemic control and neuropathy risk across the lifespan of Saudi diabetic patient; a survey in diabetic healthcare facility.  
  Published online: 14 may 2022: journal of family medicine and primary care.
* Level of hormones in menopause relation to diabetic retinopathy among type 2 diabetic women  
  Published online:11 Aug 2020: Health Care for Women International, and accepted as a poster presentation in Gulf Association of Diabetes and Endocrinology Congress 3-5 November 2022
* Saudi Intermediate School Girls Knowledge Attitudes and Practice on Puberty in Taif, 2008  
  Published in International Journal of Medical Science and Public Health / 2014 /Vol 3 / Issue 2
* Audit Chronic Diseases Quality of Care in Prince Mansour Hospital in Taif 2009

**TEACHING & SCIENTIFIC ACTIVITIES**

* Trainer in Diabetes Fellowship Program at Price Mansour Military Hospital 2019-Present
* Organizer World Diabetes Day Symposium, Nov 18-19,2015, Taif, Saudi Arabia 2015
* Organizer 3RD Hajj and Diabetes Symposium, Sep 2-3,2015, Taif, Saudi Arabia 2015
* Organizer Ramadan and Diabetes Symposium, April 29-30,2015, Taif, Saudi Arabia 2015
* Organizer of 3RD Me, Mama & Diabetes Symposium, March 11-12,2015, Taif, Saudi Arabia 2015
* Organizer. Scientific Activities of Family Medicine Department, PMH, Taif, Saudi Arabia 2011-2012
* Trainer and Organizer. Adolescent Health Promotion Workshop (Jeddah,Abha,Tbuk,Dammam) 2010
* Organizer in Taif Family Medicine Club 2009-2010
* Scientific committee cochairman." Adolescent Health Conference" ,Taif, Saudi Arabia 2010
* Coordinator," Adolescent Health Conference" , Taif, Saudi Arabia 2010
* Assistant Trainer, Post-graduate Family medicine program, Taif Region, PMH 2009-2010
* Trainer, Introductory Course for Family medicine program, Taif Region, PMH 2009-2010
* Organizer, Scientific Activities of Family Medicine Department, PMH, Taif, Saudi Arabia. 2008-2010

MEMBERSHIPS

* Saudi Society of Endocrinology and Metabolism.
* Adolescent Health Team, Taif Region, Saudi Arabia.
* Saudi Society of Family and Community Medicine, Jeddah , Saudi Arabia.
* Taif Family Medicine Club Team, Taif, Saudi Arabia

**CONFERENCES, SYMPOSIUMS and WORKSHOPS**

* 11th international conference of endocrinology and diabetes ICED, 3-5 Oct 2024 ( poster presentation )
* 10th Ramadan and diabetes symposium, 21st of Feb 2024, ( speaker )
* 14th Diabetic Health Educator Course, 2023 ( speaker )
* 9th Diabetes Symposium, 9 Nov 2022 ( speaker )
* Gulf Association of Diabetes and Endocrinology Congress, 3-5 Nov 2022 ( poster presentation )
* World Diabetes Day Symposium, Access to diabetes care, 01 Feb 2022 (speaker)
* Developing medical services in hospitals and centers, 05 Dec 2021
* Hands on Research Methodology Course, 19-20 Oct 2021
* Diabetic Foot Care Course, 04 Jul 2021 ( speaker )
* Diabetic Foot Care Course, 23 Feb 2020 ( speaker)
* World Diabetes Day, 12 Nov 2019 ( speaker)
* 7th Hajj and Diabetes, 10 Jul 2019 ( speaker)
* 7th Ramadan & Diabetes, 03 Apr 2019 ( speaker)
* Diabetic Foot Care Course, 20 Jan 2019 ( speaker)

REFERENCES

Available Upon Request.